

READ

in

40

Hours or Less!

Volume

2

The Word's  
Greatest Secrets



Second Edition

What You Will Learn	Why
The Five Phonics Rules	The rules of phonics tell us when a vowel is long or short. Once mastered, reading is easy.
Blends, diphthongs, and digraphs	Blends help us hear and spell word patterns correctly.
Hard and soft C and G	These are two common letters that make more than one sound.
The two decoding skills for multisyllable words.	Decoding skills show how to read multi-syllable words.
When Y is a vowel	Sometimes Y is a consonant and sometimes it is a vowel and different rules apply.
Silent letter combinations and silent letters.	Silent letters are decoded in a special way.
Where to put the accent	Big words have accent rules.
This is a very straightforward phonics program. It is <b>not</b> a reading program. Phonics first, then reading is so easy!	<p>The lessons are thoroughly explained. Students should show increased ability to analyze words, listen, express thoughts clearly, improve spelling, and apply skills to independent reading.</p> <p>Basically, that's all there is to it. Read the directions to your student when necessary.</p>

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## Lesson 1

# One Syllable Words

**Rule #1**

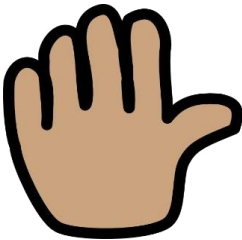
When a vowel is followed by a consonant, the vowel is **short**.



The keyword is l **ĭ** p.

**Rule #2**

When a vowel is followed by two consonants, the vowel is **short**.



The keyword is h **ă** n d.

**Rule #3**

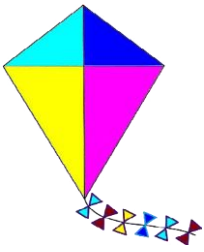
When a vowel is not followed by a consonant, the vowel is **long**.



The keyword is mē.

**Rule #4**

When the last letter in a word is **e**, the **e** is silent and the first vowel is **long**.



The keyword is kī tē.

**Rule #5**

When vowels are next to each other, the first vowel is long and the second vowel is silent.



The keyword is rē d.

## Short Vowel Review

**Directions:**

Write each word in the space provided. Mark each vowel **long**, **short**, or **silent**.

1. mine	2. ditch	3. ice
4. cake	5. jump	6. bed
7. grace	8. tide	9. goat
10. met	11. meet	12. lot
13. use	14. Ed	15. ran
16. lead	17. deep	18. fade
19. made	20. fist	21. bone
22. meat	23. sheen	24. yank
25. cup	26. bean	27. joke
28. feast	29. maid	30. feet

## Lesson 6

## R-Controlled Vowels

This family of sounds includes words made from a vowel and consonant **r**. When decoding do not separate them. They are as one. When decoding, underline them.

<div style="background-color: #ADD8E6; padding: 5px; display: inline-block;">AR</div>	<p>These letters say the name of the letter <b>r</b> as in:</p> <p><b>car</b>                  <b>jar</b>  <b>barn</b>                <b>farm</b></p>
<div style="background-color: #ADD8E6; padding: 5px; display: inline-block;">OR</div>	<p>These letters say the sound of the word <b>or</b> as in:</p> <p><b>corn</b>                <b>corn</b>  <b>for</b>                    <b>born</b></p>
<div style="background-color: #ADD8E6; padding: 5px; display: inline-block;">ER</div> <div style="background-color: #ADD8E6; padding: 5px; display: inline-block;">UR</div> <div style="background-color: #ADD8E6; padding: 5px; display: inline-block;">IR</div>	<p>These diphthongs all have the same sound as in:</p> <p><b>her</b>                <b>sir</b>  <b>fur</b>                <b>term</b>  <b>stir</b>               <b>curve</b>  <b>clerk</b>             <b>first</b>  <b>blur</b></p>

**R-Controlled Vowels Mixed Review****Directions:**

Decode and write all of the words.

1. jerk	2. burn
3. pork	4. fork
5. perk	6. target
7. hurt	8. sleek
9. cloak	10. beak
11. sir	12. third
13. smile	14. learn
15. term	16. cord
17. twirl	18. short
19. start	20. church
21. chore	22. curve
23. dirt	24. spark
25. germ	26. skirt
27. purse	28. target
29. nurse	30. bore



## 10 Steps to Reading **BIG** Words Fluently

- 1 Begin by only looking at the first letter of the word, then the second, third and so forth. Only look at the whole word. Do nothing.
- 2 Now go back to the first vowel. Talk to it. Ask it if it has one or two consonants to its immediate right. Divide the vowel according to the two decoding rules.
- 3 Draw a box around the first syllable.
- 4 In the first box, mark the vowel long, short or silent according to the phonics rules. The first syllable is done.
- 5 Go to the second vowel. Talk to the second vowel. Ask it if it has one or two consonants to its immediate right, then divide the vowel as usual according to the two decoding rules.
- 6 Draw a box around the second syllable. Repeat steps one through five. If there are three vowel sounds in a word, then there are three syllables in that word, and you will have to draw three boxes. If there are five vowel sounds, then there are five syllables in that word, and you will have to draw five boxes, etc.
- 7 Pronounce clearly every letter and every sound in the first box, the second box and every box.
- 8 Only read one syllable at a time. You know the vowels so you don't have to guess anymore. You already know the consonant sounds because they keep their same sounds.
- 9 Decode every word in this book, then say it three times. Why say the words out loud? Because the fast path to learning anything is from:  
**your mouth ⇒ to your ears ⇒ into your brain**
- 10 Practice. Practice. Practice

Everyone who reads well decodes. They just do it very, very fast, almost automatically without thinking about it. With practice so will you. I promise. This is easy.

**NOTE:** There are exceptions to all rules. There are even exceptions to our decoding rules which we will discuss later.

**Type ONE Syllable and Type TWO Syllable – Mixed Review**

1. prorate	2. polite
3. embrace	4. microbe
5. biology	6. delete
7. advance	8. elementary
9. athlete	10. humane
11. console	12. calibrate
13. brocade	14. profane
15. combine	16. decline
17. prudent	18. breve
19. crusade	20. insinuate
21. instigate	22. insulate
23. modem	24. manufacture
25. cumulate	26. magnetize

## Lesson 12

## C and G

You will learn:

- To read with the hard and soft sounds of **c** and **g**
- That a hard **c** and hard **g** are usually followed by vowels **a**, **o**, or **u**
- That a soft **c** and soft **g** are usually followed by **e**, **i**, or **y**
- That soft **c** sounds like s and hard **c** sounds like k
- That soft **g** sounds like j and hard **g** sounds like g

1. can	_____	5. con	_____
2. cat	_____	6. cap	_____
3. cram	_____	7. cord	_____
4. cub	_____	8. custom	_____
1. glad	_____	5. gage	_____
2. gore	_____	6. get	_____
3. go	_____	7. gray	_____
4. got	_____	8. game	_____

## Lesson 13

## Y is a Vowel and a Consonant



When is **Y** a Consonant?

If **Y** starts a word, it is a consonant.

yes yard yell yank yam

When is **Y** a Vowel?

if **y** is inside a one syllable word,

**y** has the sound of long or short vowel i.

myth = mīth      syrup = sīrŭp

style = stīle      type = tīp

**Another Y** if **y** is at the end of a word,

**y** has the sound of long vowel e.

play = plāe      baby = bāe

Just One More **Y**

if **y** is the only vowel,

it sounds like long ī

my = mī      by = bī      try = trī

**Directions:**

Decode each word and use in a sentence.

1. bifurcate
2. abdicate
3. simultaneous
4. perseverance
5. indelible
6. inalienable
7. dissipate
8. condescend
9. cessation
10. anesthetic
11. compliant
12. eligible
13. copious
14. collateral
15. enigma
16. conscience
17. exception
18. olfactory
19. consensus
20. colloquial
21. confidential
22. equipped
23. altruistic
24. loquacious
25. inveigle
26. perlocution
27. attenuate
28. sycophant
29. intrepid
30. shambolic
31. surly
32. obfuscate
33. rove
34. rocent
35. encomium
36. plutocrat
37. apoplectic
38. arete
39. pugilist
40. salubrious
41. arcadian
42. ludicrous
43. anthropocentric
44. pontificate
45. pernicious
46. precipitate
47. maven
48. pangram
49. lugubrious
50. alienist

# Helping students nationwide achieve reading fluency.

***Read in 40 Hours or Less!*** is a revolutionary system that teaches students how to build a reading fluency to master 85% of all English based words. This not only increases students' comprehension, spelling and aptitude dramatically—but their vocabulary, elocution and confidence as well.

This fun-packed, detailed reading system is filled with easy, effective, enjoyable exercises and lesson plans. Students will learn little-known phonics rules, decoding skills, alphabet letter shapes, consonant and short / long vowel sounds, blends, diphthongs, digraphs and lots more. All guaranteed to take the mystery out of the reading mastery of English words.

After completing the series, students will be able to decode well over 2,500 words, and have the ability to listen, analyze words, and apply phonics to independent reading; for greater reading fluency, and increased comprehension, along with verbal expression. This results in the completion of homework assignments and exams quicker and easier—better grades—and a greater love for reading.

***Read in 40 Hours or Less!*** is being successfully used by students in Elementary, Middle School, High School, Community Colleges and Adult Literacy Programs throughout the country (including by English Language Learners).



## What others are Saying...

*"...During the 6 weeks of using **Read in 40 Hours or Less** to tutor my niece; not only did she go from a Level 3 Reading Group to a Level 1, her overall grades improved as well. And she really enjoyed the program."*

–S. Harris, Tutor

*"Five of my students previously received lessons in **Read in 40** from their 10th grade teacher. Before the lessons, they were reading far below grade level. Now they all read at or above grade level. They brag that they can read like a Ph. D. It is a delight to teach them. **Read in 40** has the most effective and fastest results I have ever seen!"*

–D. Oliver, 11th grade High School English Teacher